



Alzheimer's Australia NSW Memory Van is visiting **Ocean Shores**

Alzheimer's Australia NSW Memory Van is a mobile information service packed with helpful resources about memory concerns, dementia and information including the simple steps you can take to maintain brain health. This service is particularly useful for people wanting information and advice about dementia or for people who are interested in learning about Alzheimer's Australia NSW Support and Education Services.



TOPICS INCLUDE

- Alzheimer's Australia services
- Memory changes
- Memory concerns
- What is dementia?
- Information for carers
- Dementia risk reduction (including 5 Simple Steps to Maximise Brain Health)

Information sheets are free to all visitors.

This visit has been organised with the support of the **NORTHERN RIVERS SOCIAL DEVELOPMENT COUNCIL**



NATIONAL DEMENTIA HELPLINE
1800 100 500

DETAILS

Date: **Monday, 22 February 2016**

Cost: **Free**

Time: **8.30 —10.30 am**

Location: **Ocean Village Shopping Centre
82 Rajah Road,
Ocean Shores NSW 2483**

NO BOOKING REQUIRED

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EDUCATE AUSTRALIA**
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